



ADAPTED
PHYSICAL ACTIVITY
GRADUATE CERTIFICATE

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Adapted Physical Activity Graduate Certificate

The Adapted Physical Activity (APA) Graduate Certificate is using a disability-affirming approach to enhance skilled practice and reflexive learning on understanding disability within a larger context of equity, diversity, and inclusion (EDI). Students will gain advanced critical thinking skills, reflect on taken for granted practices and assumptions and explore practice-oriented tools and knowledge.

- Courses include: Critical survey of key topics in Adapted Physical Activity; Program Evaluation & Assessment; Being a Reflexive Practitioner; Accessible Design for APA; Instructional Approaches & Programming Models; Coaching Athletes Experiencing Disability; Integrating Disability Perspectives into APA Practice; and Trauma-informed practice
- Students are required to complete 4 courses (8 different courses to choose from), each worth 3 credits for a total of 12 credits.
- This certificate is about reducing barriers, inhibitors, and constraints, and advocating access to active lifestyles and sport, by supporting facilitators and affordances that will promote innovative and cooperative service delivery, provide supports as needed, and empower individuals.

To learn more about this certificate and other professional development opportunities visit uab.ca/KSRCert



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